



Millati Islami

(The Path Of Peace)





Bismillahir Rahmanir Rahim

*O you who Believe!
Intoxicants and gambling.
Dedication to stones,
And divination by arrows,
Are evils,
Of Satan's handiwork:
Avoid such evils,
That you may prosper.*

*Satan's plan is (but)
To excite hostility and hatred
Between you with intoxicants
And gambling and hinder you
From the remembrance
Of Allah, and from prayer:
Will you not then abstain?*

Qur'an 5: 90 - 91

Who Is Addicted

Most of us do not have to think twice about this question. We know!

Our whole life and thinking have been centered in drugs in one form or another -- the getting, using and finding ways and means to get more.

We have used to live and lived to use.

Very simply, an addicted person is a man or woman whose life has been controlled by drugs. We are people that have lived in the grip of a continuing and progressive illness whose ends are always the same; a decrease in faith, which leads us to jails, institutions, dereliction or death.

What Is Millati Islami?

Millati Islami is a fellowship of men and women, joined together on “The Path of Peace”. We share our experiences strengths and hopes while recovering from our active addiction to mind and mood altering substances.

We look to Allah, (God) to guide us on Millati Islami (The Path of Peace). While recovering, we strive to become rightly guided Muslims, submitting our will to the will and service of Allah. We begin the submitting process through the practice of Al-Islam (peaceful submission to the will of Allah) in our daily lives.

Islam tells us clearly that the status of man in this world is that of an “Abd” (slave or servant). We must learn to be slaves and servants only to Allah and not slaves to mind or mood altering chemicals. We must also learn not to be slaves to people, places, things and emotions.

Allah tells us that man is “Khalifa” (agents or inheritors of the earth). This means that Allah has entrusted us as human beings with custodianship of his creation. Our own bodies, minds and souls truly belong to Allah. They are only entrusted to us for a time. We are charged with their care while we have them in our possession.

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What Is Millati Islami?

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It is He Who hath made you His agents, inheritors of the earth: He hath raised you in ranks, some above others: that He may try you in the gifts He hath given you: for thy Lord is quick in punishment: yet He is indeed Oft-Forgiving Most Merciful.

Qur'an (6:165)

Our goal is to emerge successfully from this test called life as prescribed by Allah. To win His pleasure and reward is our ultimate human objective. May we accomplish sobriety success and peace of mind on Millati Islami.

Bismillahir Rahmanir Rahim

Lo! Those who say: Our Lord is Allah, and afterward are upright, the angels descend upon them, saying: Fear not nor grieve, but hear good tidings of the Paradise which you are promised.

Qur'an (41:30)

Bismillahir Rahmanir Rahim

And I created Jinn and human kind only that they might worship Me.

Qur'an (51:56)

Why?

Bismillahir Rahmanir Rahim

*Whoever recommends and helps a good cause becomes a partner therein:
And whoever recommends and helps an evil cause, shares in its burden: And Allah Hath power over
all things.*

Qur'an (4:85)

We have sought to integrate the treatment requirements of both Al-Islam and the Twelve Step approach to recovery into a simultaneous program. Our personal thanks and appreciation goes to the Narcotics Anonymous and Alcoholics Anonymous Programs from which we have borrowed. Just as Narcotics Anonymous was founded out of its need to be non-specific with regard to substance, so Millati Islami was born out of our need to be religiously specific with regard to spiritual principles.

Millati Islami (The Path of Peace), insha Allah, offers a fresh perspective of age old ideals for treating our fallen *human condition*. We pray further that it will serve as a model for more successfully understanding and addressing the special problems encountered as recovering Muslims and substance abusers in a predominantly non-Muslim society.



How It Works

The Steps of Recovery



1. We admitted that we were neglectful of our higher selves and that our lives had become unmanageable.
2. We came to believe that Allah could and would restore us to sanity.
3. We made a decision to submit our will to the will of Allah.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to Allah and to ourselves the exact nature of our wrongs.
6. Asking Allah for right guidance, we became willing and open for change, ready to have Allah remove our defects of character.
7. We humbly ask Allah to remove our shortcomings.
8. We made a list of persons we have harmed and became *willing* to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through Salaat* and Iqraa* to improve our understanding of Taqwa* and Ihsan*.
12. Having increased our level of Iman (faith) and Taqwa, as a result of working these steps, we carried this message to humanity and began practicing these principles in all our affairs.

Salat

Prayer service in Islam



Taqwa

God consciousness; proper love and respect for Allah (SWA)



Iqraa

Reading and Studying



Ihsan

Though we cannot see Allah, He does see us.





The Traditions of Millati Islami



1. Shahadah- We bare witness there is no God but Allah and Muhammad is the last Messenger of Allah.
2. Personal recovery depends on “Millati Islami” unity. Believers are friends and protectors, one of another.
3. For our individual and Jamaat (group) purpose there is but one ultimate authority which is Allah, (God), the source from which all originates.
4. Requirements for participation are a desire to stop using and willingness to learn a better way of life.
5. Each Jamaat should be autonomous except in their adherence to these traditions.
6. Our primary Jamaat (group) purpose is carrying Al-Islam as the message of recovery to those who still suffer. (Dawah)
7. Problems of money, property and prestige must never divert us from our primary purpose.
8. Every Millati Islami Jamaat should be self-supporting, but may accept Sadaqa (voluntary charity) without attached obligations of promises to donating parties.
9. We may create service boards or committees directly responsible to those we serve.
10. The Millati Islami name ought never be drawn into public controversy.
11. Our public relation policy is based upon attraction before promotion. The criteria for both are decided by Jamaat (group), Taqwa, and Ihsan.
12. Iman (faith) is the spiritual foundation of all our traditions, reminding us to place principles before personalities.



Hope Through

Millati Islami
(The Path of Peace)



The members of Millati Islami are recovering persons learning to live without slavery to our addictions. If we can do it, so can you.

Through applying the steps of the Millati Islami program, we learn to live useful lives. We have a condition from which we do recover. Each day we are given another chance to live. We as Muslims, are not burdened with recovery on a day to day basis. We instead, recover from Salaat (prayer) to Salaat.

None of us are too discredited or have sunk too low to be welcomed cordially -- when we mean business. Social distinctions, petty rivalries and jealousies are meaningless. Being wrecked and then restored in the same vessel, is a mercy from Allah, and miraculous.

Through the fellowship of Millati Islami we are united under One God (Allah) with hearts and minds attuned to the welfare of others. Prophet Muhammad (SAW) has taught us to, “want for our brother what we want for ourselves”. There is the therapeutic value of one addicted person helping another.

Allah (SWA) instructs us in the Qur’an that “Believers are friends and protectors, one of another”. To duplicate what others have accomplished in recovery is only a matter of willingness, patience, and work. We must realize that our greatest reliance is always upon Allah. He shows us how to develop the relations, fellowship and “Peace” that we crave. He reveals more to us as we grow.

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Bismillahir Rahmanir Rahim

*Whoever works righteousness
Man or Woman, and has Faith,
Verily, to him will We give
A new life, a life that is good and pure,
And We will bestow on such their reward
According to the best of their actions*

Qur'an: 16: 97

Eighth Tradition



Every Millati Islami Jamaat (group) should be self-supporting, but may accept Sadaqah (voluntary charity) without attached obligations or promises to donating parties.



It is vital that we support carrying the Millati Islami message to all who need it by supporting Millati Islami World Service, Inc. Please send your 8th Tradition contributions directly to:

Millati Islami World Services, Inc.
PO Box 2100
Douglasville, Georgia 30133



You can also donate by visiting www.millatiislami.org and using the donation button or using **Cash App**. Send contributions to:

\$Millati Islami





Surah al `Asr (Time
Through The Ages)

Bismillahir Rahmanir Rahim

*By (the Token of) Time (through the Ages),
Verily Man is in loss,
Except such as have faith, do righteous deeds,
And join together in mutual teaching
Of Truth, and of Patience and Constancy.*

Qur'an 103